

Dede Lyons, Empowerment Coach, Founder of Feel Good Express lifestyle program, Author, Speaker and Angel Guide empowers clients through mind, body & spirit tools to attract abundance in romance, finance, health and spiritual connections. Her Angel Journaling journey began in 1997 upon receiving her first Angel reading. Over the past 25 years she has expanded her angelic channel and received their guidance in all her life transitions. Whether she or her clients are seeking more self-love, romantic love or new love their spirit guides come to the rescue. Dede will teach you how journaling to your guardian angel will help you fall in love with yourself and manifest love in all areas of your life.

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